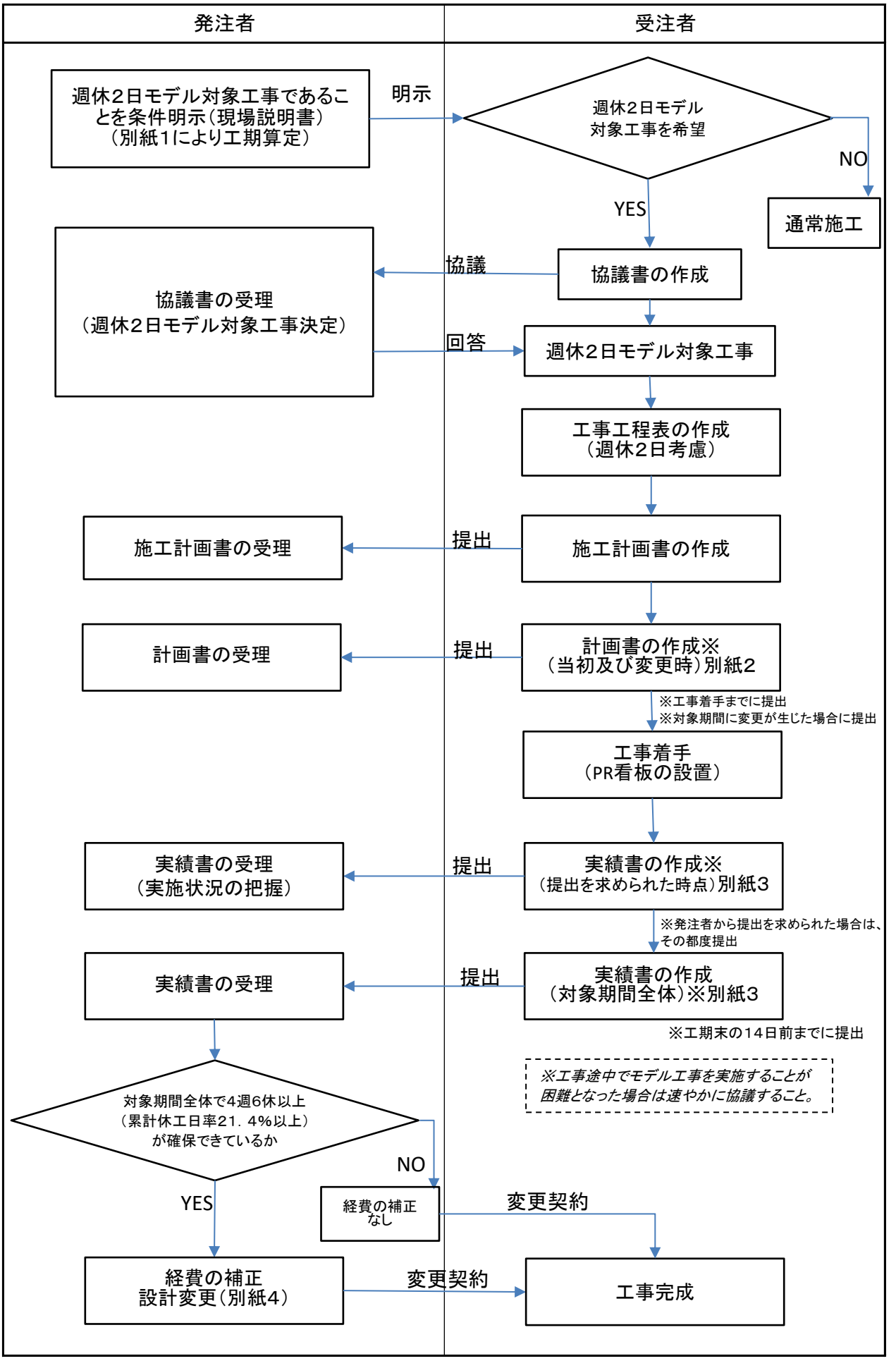週休２日モデル対象工事　事務手続きフロー