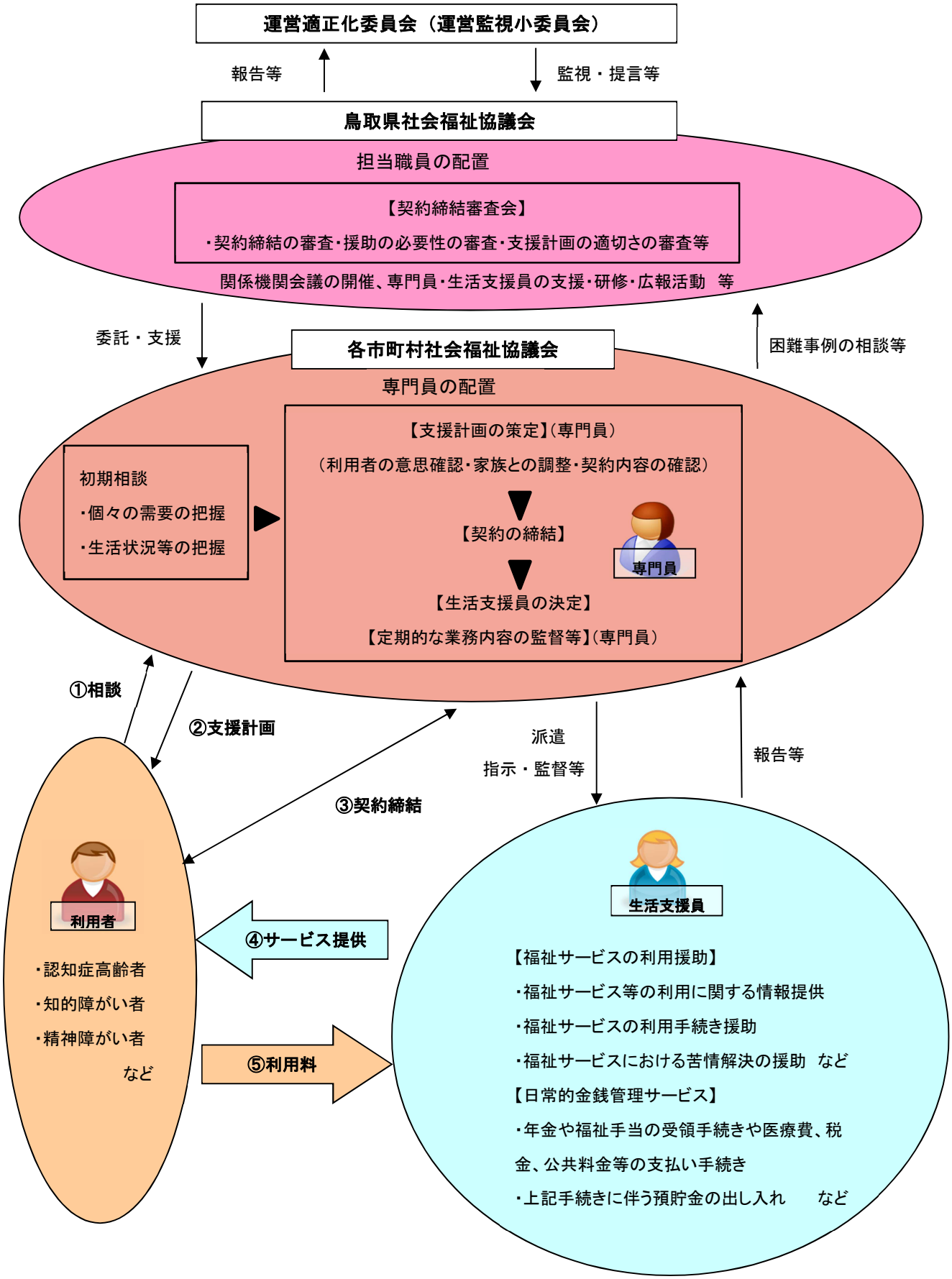日常生活自立支援事業の仕組み